



It's big. It's fat. It's the Big Fatty Cowl, a free knitting pattern by Christine Parker.

BIG FATTY COWL

A FREE KNITTING PATTERN BY CHRISTINE PARKER

GLOSSARY

CO cast on

k knit

p purl

pm place marker

rs right side

sl slip stitch purlwise

slm slip marker

st stitch/stitches

ws wrong side

wyib with yarn in back

wyif with yarn in front

TECHNIQUES

2

Knit, purl, slipping stitches, provisional cast on, kitchener stitch for both stockinette and garter

DETAILS

NOTE US knitting terminology used throughout

FINISHED MEASUREMENTS Approx. 30–32 in (76–81 cm) circumference and 13 in (33 cm) wide

YARN REQUIRED Approx. 184 yards (168.2 m)/10 oz (240 g) super bulky yarn

SUGGESTED YARN 2 balls of Lion Brand Wool-Ease Thick & Quick Metallics

SUGGESTED NEEDLES US 17 (12 mm) or size needed to obtain gauge

NOTIONS Stitch markers, tapestry needle, scissors

GAUGE 9 st and 16 rows = 4 in (10 cm) in garter stitch

For questions or comments about this pattern, find me on Instagram and Ravelry as **CHRISTINEOMFG**



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CO 30 using provisional cast on method of your choice (this counts as Row 1, RS).

Setup Row (WS): sl1 wyib, k1, sl1 wyif, pm, k to last 3 st, pm, sl3 wyif

Row 1 (RS): k3, slm, k to marker, slm, k1, sl1 wyif, p1

Row 2 (WS): sl1 wyib, k1, sl1 wyif, slm, k to marker, slm, sl 3 wyif

Repeat rows 1 and 2 until scarf measures 30–32 in (76–81 cm) or until you have 45 in (115 cm) of yarn left, ending with a Row 1 (RS). (The last row worked should be a right side row because when you graft the ends of the cowl together, the kitchener stitch row magically becomes the final wrong side row. Magic!)

Break yarn leaving a 45 in (115 cm) tail. Pick up 30 stitches from the provisional cast on onto another needle.

Lay scarf flat. Hold down one end and twist the other end twice to create a double spiral. Using the long tail, graft the live edges together using normal (stockinette) kitchener stitch for the first and last three stitches, and kitchener for garter stitch for the 24 garter stitches in the middle.

Weave in ends, block, and enjoy!

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NOTES

Make sure to keep edge stitches nice and tight so the i-cord looks tidy.

Thanks to Rokolee.com for the symmetrical i-cord edge technique! <https://www.rokolee.com/how-to-knit-neat-i-cord-edging/45>

Stockinette kitchener tutorial video: <https://youtu.be/TXJCllmgYjc>

Garter kitchener tutorial video: <https://youtu.be/aJIVuFDcyOk>

If you hate kitchener stitch, try grafting the live stitches together with three needle bind off. Literally no one will notice the little ridge it makes, I promise.

And if you hate kitchener AND three needle bind off, cast on using your favorite cast on method, and bind off like normal, and just sew the ends together to create the cowl. Easy!

If you're knitting with different yarn/needles/gauge, or if you'd like a wider or narrower cowl, cast on as many stitches as you like PLUS SIX. You'll need six stitches (three on each side) for the i-cord edging, but it doesn't matter how many stitches you have in the middle! Then just follow the pattern, knitting until your scarf is about 30 in (76 cm) long for one loop, or 60 in (152 cm) long to wrap it twice around your neck.

Please share your finished cowls using hashtag **#BIGFATTYCOWL** on social media!



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